



Affiliated with Prostate Cancer Foundation  
of Australia  
And supported by Redcliffe Hospital,  
YMCA and Moreton Bay Regional Council.

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## August Monthly Newsletter Issue 129 2024

### Where we meet:

The group meets at 6pm on the 1st floor of the Mango Hill YMCA Community Centre. Entrance from the car park at 22 Linear Drive, Mango Hill on the 2nd THURSDAY of the month (Except January). Refreshments are provided from 6pm.

### Member update:

It has been brought to our attention that Des Greentree who has been an active member of the group, has suffered a broken hip. Des has contributed to the group in ways such as acting as returning officer at our last AGM. On behalf of the group, we would like to wish Des a speedy recovery.

### B&D Roller door:

As part of the PCFA's Life Force program, Michael Phillips recently gave a presentation to the staff of the B&D roller door factory at Clontarf. As a result, the company made a generous donation of \$500.00 to the Prostate Cancer Foundation of Australia.

### AGM



The group's Annual General Meeting will be held at the next general meeting on September 12<sup>th</sup>. Our group leader Peter Ham (left) and Co-leader Larry Hamilton (right) will be standing down after many years of excellent service to the group. Anyone interested in being part of our committee is encouraged to attend this meeting to support our group.



My doctor recommended bananas to clean my colon. Apparently, I was supposed to eat them.



**Moreton Bay Regional Prostate Cancer Support Group**

[www.prostatesupportgroup.org](http://www.prostatesupportgroup.org) 0435 119 628  
[mbrpcsg@gmail.com](mailto:mbrpcsg@gmail.com) ABN: 13 817 326 992





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## Social Activities



The Ladies morning tea group held their monthly get together at Degani café Capestone on Thursday the 18<sup>th</sup> of August. As usual important topics like grandchildren were discussed. The next lady's morning tea will be on Thursday the 19<sup>th</sup> of September.

At the men's group two members attended for the first time. It is important for new members to be able to discuss upcoming treatment with people who have had a similar treatment in an informal atmosphere. The next men's morning tea will be held at the North Lakes Sports Club at 10 am on Saturday the 21<sup>st</sup> of September.



Our annual Christmas picnic will be held on the 1st of December. Members wishing to attend should rsvp to our social activities' coordinator Joy Ham on 0408 795 248. There will also be a Christmas "mix and mingle" at the regular monthly meeting on December 12<sup>th</sup>.

**I told my wife she should embrace her mistakes.  
She gave me a hug**



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### Guest Speakers:



The guest speaker at our August meeting was Craig Allingham. Craig is a sports physiotherapist who has written several books on prostate cancer recovery. His presentation was extremely well received and covered a variety of topics including western vs prudent diet and anti-inflammatory diet. More information on Craig's work can be obtained from his website [www.craigallingham.com](http://www.craigallingham.com).

Our speaker for the September meeting will be the group's speaker acquisition officer John Haberecht. In another lifetime John was a palliative care nurse. John worked with Karuna Hospice Service, Cittamani Hospice Service (Sunshine Coast), Mount Olivet home care service, Princess Alexandra and Mater palliative care teams. He then moved into education of health care professionals about palliative care, working with Queensland Health's Centre for Palliative Care Research & Education, and travelled around the state delivering that education.

### Dickson Seniors Expo.

On the 27<sup>th</sup> of August Peter Ham, Larry Hamilton and Len Weis manned a stall at the Dickson Seniors Expo. The expo which was held at the South Pine Sports complex in Brendale. It was hosted and sponsored by local federal MP Peter Dutton. Represented at the expo were over 90 community groups and government service organizations. The purpose of the stall was to promote the early detection of prostate cancer in the community and potentially save lives.



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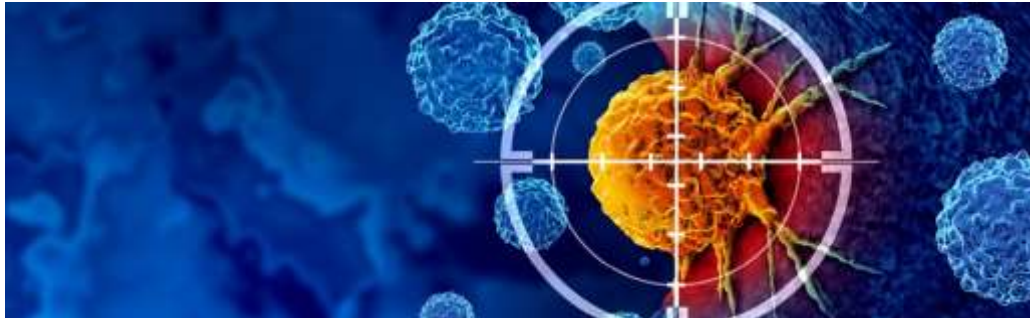






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### **TGA approves the first targeted nuclear medicine for men with prostate cancer**

- *Pluvicto® (lutetium Lu 177 vipivotide tetraxetan, formerly referred to as <sup>177</sup>Lu-PSMA-617) - the first radioligand therapy (RLT) TGA registered for eligible Australians with metastatic castration-resistant prostate cancer (mCRPC).<sup>1</sup>*
- *RLT is a form of precision medicine that can treat disease with limited unwanted effects on nearby healthy cells.<sup>2,3</sup>*
- *mCRPC is an advanced form of prostate cancer, often fatal, and currently there are very few treatment options available.<sup>4</sup>*

The Novartis radioligand therapy Pluvicto® has become the first TGA registered RLT in Australia for the treatment of men with metastatic castration-resistant prostate cancer (mCRPC).<sup>1</sup>

The Australian registration of Pluvicto® is based on the results of the international Phase III VISION study, published in the New England Journal of Medicine (NEJM).<sup>4</sup>

Pluvicto® identifies cancerous cells in the body and releases medical isotopes that target and can kill those cancer cells, leaving healthy cells largely unaffected.<sup>1,4</sup>

*“The TGA registration of Pluvicto® is an important moment for Australians impacted by prostate cancer, giving men and families confidence that they will have options for treatment against the deadliest forms of the disease. We commend the TGA for its role in this process and now hope to see Pluvicto® made available for patients around Australia, with the support of Federal and state governments,”* said Anne Savage, CEO Prostate Cancer Foundation of Australia.

Professor Louise Emmett, Director of Theranostics and Nuclear Medicine at St Vincent’s Sydney and an investigator in the ongoing international clinical development program for Pluvicto® said

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*“RLT has the potential to change the way we treat various types of cancers and, most importantly, outcomes for patients.”*

I'm having a bad day. I went to button up my shirt and a button  
Fell off. Then I went to pick up my brief case and the handle came off.  
Then when I tried to open the door the knob came off.  
Now I'm afraid to pee.



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